

State of Alaska

Department of Health & Human Services

Division of Behavioral Health
Policy & Planning: Research Unit

Bring the Kids Home Initiative



A Client Profile Snapshot: In-State & Out-of-State RPTC
Admissions

Updated May 2011

Introduction

The Department of Health and Social Services initiated the “Bring the Kids Home” (BTKH) initiative to return children being served in out-of-state facilities back to in-state residential or community-based care. The following long-term goals have been developed to guide the direction of the BTKH project:

1. Build/develop and sustain the community-based and residential capacity to serve children with all intensities of need within the service delivery system in Alaska.
2. Develop an integrated, seamless service system in Alaska that will allow children and youth to be served in the most culturally competent, least restrictive setting, as close as possible to home as determined to be safe and appropriate.
3. Significantly reduce the existing numbers of children and youth in out-of-state care and ensure that the future use of out-of-state facilities is kept to a minimum.

Over the course of the BTKH initiative, out-of-state admissions for residential psychiatric treatment centers (RPTC’s) have been significantly reduced. Additional progress in the development of service capacity has also contributed to this decline in out of state admissions.

The Division of Behavioral Health (DBH) Policy & Planning / Research Unit continue to engage the BTKH initiative through ongoing data collection, management, and research to measure the progress of the initiative, as well as, data analysis to inform future planning.

The focus of this report acknowledges a recent increase of admissions to out-of-state (OOS) RPTC admissions during the period of January 1, 2011 to March 31, 2011. The intent of this presentation is to inform state planning on potential system gaps and potential capacity building. Presented is the profile of youth who were admitted to both OOS and in-state RPTC’s during this period of time.

Summary of Findings

In-State & Out-of-State Admissions from January 1, 2011 – March 31, 2011

- Admissions to in-state RPTC's are higher by a 2:1 ratio (70 in-state; 32 out-of-state)
- 14% of the youth admitted to RPTC's are in OCS custody (Table 1)
 - 86% of the OCS custody youth (12 of the 14 youth) admitted to an OOS RPTC
- 17% of the youth admitted to RPTC has a cognitive functioning IQ level of 55 – 70 (Mild) or unknown IQ; all but one of these youth admitted OOS (Table 1)
- 24% of the youth admitted to RPTC's are adopted (Table 5)

Reasons for Admission to RPTC's

- 52% were admitted to RPTC's due to being 'dangerous to self' or 'dangerous to others'; 22% OOS; 31% in-state (table 2)
- 36% were admitted for 'impulsive/out of control behavior'; 7.8% OOS; 28.4% in-state (table 2)
- 33% were admitted for suicidal ideation/attempt; 8.8% OOS; 25% in-state (table 3a)
- 24% were admitted for multiple risk factors; 8% OOS; 16% in-state (Table 3b)

Reported Trauma (OOS and In-state RPTC Admissions)

- 95% of the youth experienced at least one trauma; 31% OOS; 64% in-state (Table 5)
- 56% reported neglect; 22% OOS; 34% in-state (Table 5)
- 48% reported physical abuse ; 18% OOS; 30% in-state (Table 5)
- 48% reported emotional abuse ;17% OOS; 31% in-state (Table 5)
- 40% reported domestic violence; 18% OOS; 23% in-state (Table 5)
- 37% reported sexual abuse; 12% OOS; 26% in-state (Table 5)
- 24% reported to be adopted; 10% OOS; 14% in-state (Table 5)

Reported Risk Factors

- 54% reported '5 to 8 risk factors'; 22% OOS; 32% in-state (Table 4)
- 78% reported to have aggression; 27% OOS; 51% in-state (Table 4)
- 77% reported to have a family history of substance abuse; 24% OOS; 53% in-state (Table 4)
- 69% reported to have a family history of mental health illnesses; 20% OOS; 49% in-state (Table 4)
- 60% reported treatment non-compliance; 14% OOS; 46% in-state (Table 4)
- 55% reported history of self mutilation; 21% OOS; 41% in-state (Table 4)
- 15% reported homicide risk; 11% OOS; 4% in-state (Table 4)

Reported Comorbidities

- 83% reported at least one comorbidity; 31% OOS; 52% in-state (Table 7)
- 68% reported a mood disorder; 12% OOS; 56% in-state (Table 7)
- 34% reported substance abuse; 9% OOS; 26% in-state (Table 7)
- 27% report an anxiety disorder; 9% OOS; 18% in-state (Table 7)
- 9% report oppositional defiant or conduct disorder; 5% OOS; 4% in-state (Table 7)

Reported Psychosocial Factors

- 100% reported to have at least one psychosocial factor; 31% OOS; 69% in-state (Table 6)
- 74% reported having “3 to 4 psychosocial factors; 21% OOS; 54% in-state (Table 6)
- 95% reported having problems with support groups; 29% OOS; 66% in-state (Table 6)
- 92% reported having problems with social environment; 28% OOS; 64% in-state (Table 6)
- 84% reported education factor; 27% OOS; 58% in-state (Table 6)

Demographics

- 74% of the youth are transitional age, 14 – 17 year old youth (Table 1)
- 51% male and 49% female admitted to RPTC’s; 19% of males admit to OOS whereas 13% females admit to OOS (Table 1)
- 36% of the youth are Alaska Native/American and 49% are white (Table 1)
- 14% are OCS custody youth; 86% (12 out of 14) of the OCS youth admitted to OOS RPTC placement (Table 1)
- 17% of the youth have a cognitive functioning IQ level of 55 – 70 (Mild) or unknown IQ; these youth admitted to an OOS RPTC (Table 1)

Adopted Youth

- 24 out of 102 youth in RPTC’s (OOS and in-state) are adopted
- 42% are OOS; 58% are in-state
- 13% are 10 to 13 years old; 88% are 14 to 17 years old
- 46% are Alaska Native/American Indian; 50% are white; 4% are black
- 8% are in OCS custody
- 42% primary referral reason is aggression to self/others
- Besides adoption as a trauma factor, 100% reported multiple traumas
 - 83% neglect; 46% physical abuse; 42% emotional abuse; 33% domestic violence; 29% sexual abuse; and 20% death/suicide
- 79% report ‘5 to 8 risk factors

- 75% aggression; 75% report family history of substance abuse; 71% flight risk; 67% family history of mental health illness; 63% suicide risk; 54% treatment non-compliance; 58% report history of self mutilation
- 91% report '1 to 3 comorbidities
 - 21% FASD; 67% mood disorders; 46% substance abuse

Table 1.

Demographics				
	Total (102) / Percent (100%)		Inpatient Out-of-State (32)	Inpatient In-State
Age	Count/Percent		Percent of Total	Percent of Total
18 to 20 years old	1	1.0%	0.0%	1.0%
14 to 17 years old	75	73.5%	19.6%	53.9%
10 to 13 years old	21	20.6%	7.8%	12.7%
9 years old and younger	5	4.9%	3.9%	1.0%
Gender				
Male	52	51.0%	18.6%	32.4%
Female	50	49.0%	12.7%	36.3%
Ethnicity/Race				
White	50	49.0%	14.7%	34.3%
Alaska Native/American Indian	37	36.3%	11.8%	24.5%
Black	4	3.9%	1.0%	2.9%
Hispanic	4	3.9%	0.0%	3.9%
Asian/Pacific Islander	3	2.9%	2.0%	1.0%
Other	3	2.9%	1.0%	2.0%
Unknown	1	1.0%	1.0%	0.0%
Custody Status				
Parent/Family Custody	83	81.4%	20.6%	60.8%
OCS Custody	14	13.7%	10.8%	2.9%
DJJ Custody	5	4.9%	0.0%	4.9%
Cognitive Functioning				
IQ Unknown	8	7.8%	7.8%	0.0%
IQ 55-70 (Mild)	9	8.8%	7.8%	1.0%
IQ Above 70 (Average)	85	83.3%	15.7%	67.6%

Note: Unduplicated Count

Table 2.

Secure Care Reason				
Note: Multiple selections were indicated for "Secure Care Reasons"	Total (102) / Percent (100%)		Inpatient Out-of-State (32)	Inpatient In-State (70)
	Count/Percent		Percent of Total	Percent of Total
Impulsive/Out of Control Behavior	37	36.3%	7.8%	28.4%
Dangerous to Self	31	30.4%	7.8%	22.5%
Dangerous to Others	23	22.5%	13.7%	8.8%
Runaway Behavior	10	9.8%	2.0%	7.8%

Table 3a.

Primary Referral Reason				
Note: Unduplicated Count	Total (102) / Percent (100%)		Inpatient Out-of-State (32)	Inpatient In-State (70)
	Count/Percent		Percent of Total	Percent of Total
Aggression to Self/Others	36	35.3%	12.7%	22.5%
Suicidal Ideation/Attempt	34	33.3%	8.8%	24.5%
Running	14	13.7%	2.0%	11.8%
Sexually Acting Out	7	6.9%	1.0%	5.9%
Homicidal Ideation/Attempt	5	4.9%	4.9%	0.0%
Self-Mutilating	3	2.9%	0.0%	2.9%
Sexually Reactive Behaviors	1	1.0%	0.0%	1.0%
Requires Locked Facility	1	1.0%	1.0%	0.0%
Psychotic Symptoms	1	1.0%	1.0%	0.0%

Table 3b.

Secondary Referral Reason				
Note: Unduplicated Count	Total (102) / Percent (100%)		Inpatient Out-of-State (32)	Inpatient In-State (70)
	Count/Percent		Percent of Total	Percent of Total
Multiple Risk Factors	18	24.3%	8.1%	16.2%
Running	16	21.6%	4.1%	17.6%
Suicidal Ideation/Attempt	10	13.5%	5.4%	8.1%
Self-Mutilating	10	13.5%	5.4%	8.1%
Substance Abuse	8	10.8%	1.4%	9.5%
Requires Locked Facility	6	8.1%	4.1%	4.1%
Sexually Acting Out	3	4.1%	0.0%	4.1%
Psychotic Symptoms	2	2.8%	1.4%	1.4%
Sexually Reactive Behaviors	1	1.4%	1.4%	0.0%

Table 4.

Risk Factors Reported				
Note: Multiple selections were indicated for risk factors	Total (102) / Percent (100%)		Inpatient Out-of-State (32)	Inpatient In-State (70)
	Count/Percent		Percent of Total	Percent of Total
Aggression	79	77.5%	26.5%	51.0%
Family History of Substance Abuse	78	76.5%	23.5%	52.9%
Family History of Mental Health	70	68.6%	19.6%	49.0%
Suicide Risk	66	64.7%	22.5%	42.2%
Flight Risk	62	60.8%	21.6%	39.2%
Treatment Non-Compliance	61	59.8%	13.7%	46.1%
History of Self-Mutilation	56	54.9%	20.6%	41.2%
School Suspension	54	52.9%	15.7%	37.3%
Property Destruction	53	52.0%	20.6%	31.4%
Sexually Acting Out	38	37.3%	11.8%	25.5%
Problems with Activities of Daily Living	31	30.4%	6.9%	23.5%
Legal Problems	26	25.5%	7.8%	17.6%
Homicide Risk	15	14.7%	10.8%	3.9%
Count of Risk Factors				
No Risk Factors Reported	1	1.0%	0.0%	1.0%
1 to 4 Risk Factors Reported	17	16.7%	2.0%	14.7%
5 to 8 Risk Factors Reported	55	53.9%	21.6%	32.4%
9 to 12 Risk Factors Reported	29	28.4%	7.8%	20.6%

Table 5.

Trauma Factors Reported				
Note: Multiple selections were indicated for risk factors	Total (102) / Percent (100%)		Inpatient Out-of-State (32)	Inpatient In-State (70)
	Count/Percent		Percent of Total	Percent of Total
Neglect	57	55.9%	21.6%	34.3%
Physical Abuse	49	48.0%	17.6%	30.4%
Emotional Abuse	49	48.0%	16.7%	31.4%
Domestic Violence	41	40.2%	17.6%	22.5%
Sexual Abuse	38	37.3%	11.8%	25.5%
Multiple Placements	36	35.3%	19.6%	15.7%
Adopted	24	23.5%	9.8%	13.7%
Multiple Losses	18	17.6%	6.9%	10.8%
Death/Suicide	16	15.7%	2.9%	12.7%
Natural Disaster	1	1.0%	1.0%	0.0%
Count of Trauma				
No Trauma Reported	5	4.9%	0.0%	4.9%
1 to 2 Traumas Reported	37	36.3%	7.8%	28.4%
3 to 4 Traumas Reported	28	27.5%	9.8%	17.6%
5 to 6 Traumas Reported	29	28.4%	13.7%	14.7%
7 to 8 Traumas Reported	3	2.9%	0.0%	2.9%

Table 6.

Psychosocial Factors Reported				
Note: Multiple selections were indicated for psychosocial factors	Total (102) / Percent (100%)		Inpatient Out-of-State (32)	Inpatient In-State (70)
	Count/Percent		Percent of Total	Percent of Total
Problems with Support Groups	97	95.1%	29.4%	65.7%
Problems with Social Environments	94	92.2%	28.4%	63.7%
Educational	86	84.3%	26.5%	57.8%
Legal System	24	23.5%	10.8%	12.7%
Housing	6	5.9%	3.9%	2.0%
Occupational	5	4.9%	1.0%	3.9%
Access to Health Care	2	2.0%	1.0%	1.0%
Economic	1	1.0%	1.0%	0.0%
Count of Psychosocial Factors Reported				
1 to 2 Psychosocial Factors Reported	20	19.6%	5.9%	13.7%
3 to 4 Psychosocial Factors Reported	76	74.5%	20.6%	53.9%
5 to 6 Psychosocial Factors Reported	5	4.9%	3.9%	1.0%
7 to 8 Psychosocial Factors Reported	1	1.0%	1.0%	0.0%

Table 7.

Diagnosis & Comorbidities				
Note: Multiple selections were indicated for comorbidities	Total (102) / Percent (100%)		Inpatient Out-of-State (32)	Inpatient In-State (70)
	Count/Percent		Percent of Total	Percent of Total
Mood Disorder	69	67.6%	11.8%	55.9%
Substance Abuse	35	34.3%	8.8%	25.5%
Fetal Alcohol Spectrum Disorder	14	13.7%	4.9%	8.8%
Developmental Disability	12	11.8%	3.9%	7.8%
History of Brain Injury	9	8.8%	0.0%	8.8%
Thought Disorder	6	5.9%	2.9%	2.9%
Complicated Medical	6	5.9%	3.9%	2.0%
Medical Disability	3	2.9%	1.0%	2.0%
Eating Disorder	2	2.0%	2.0%	0.0%
Additional Diagnosis NOT listed in Comorbidities				
Anxiety Disorder	27	26.5%	8.8%	17.6%
Attention Deficit Hyperactivity/Attention Deficit Disorder	17	16.7%	7.8%	8.8%
Oppositional Defiant/Conduct Disorders	9	8.8%	4.9%	3.9%
Count of Comorbidities				
No Comorbidities Reported	17	16.7%	5.8%	10.8%
1 to 2 Comorbidities Reported	70	68.6%	20.6%	48.0%
3 to 4 Comorbidities Reported	15	14.7%	10.8%	3.9%

Subset of the population that are adopted.

Table 8.

Adopted Children (24 out of 102 youth)				
	Total (24) / Percent (100%)		Inpatient Out-of-State (10)	Inpatient In-State (14)
Age	Count/Percent		Percent of Total	Percent of Total
14 to 17 years old	21	87.5%	37.5%	50.0%
10 to 13 years old	3	12.5%	4.2%	8.3%
Gender				
Male	11	45.8%	20.8%	25.0%
Female	13	54.2	20.8%	33.3%
Ethnicity/Race				
White	12	50.0%	25.0%	25.0%
Alaska Native/American Indian	11	45.8%	16.7%	29.2%
Black	1	4.2%	0.0%	4.2%
Custody Status				
Parent/Family Custody	22	91.7%	37.5%	54.2%
OCS Custody	2	8.3%	4.2%	4.2%
Cognitive Functioning				
IQ Unknown	2	8.3%	8.3%	0.0%
IQ 55-70 (Mild)	2	8.3%	8.3%	0.0%
IQ Above 70 (Average)	20	83.3%	25.0%	58.3%

Table 9.

Secure Care Reasons				
	Total (24) / Percent (100%)		Inpatient Out-of-State (10)	Inpatient In-State (14)
	Count/Percent		Percent of Total	Percent of Total
Dangerous to Others	8	33.3%	16.7%	16.7%
Impulsive/Out of Control Behavior	7	29.2%	16.7%	12.5%
Dangerous to Self	6	25.0%	4.2%	20.8%
Runaway Behavior	3	12.5%	4.2%	8.3%
Primary Referral Reason				
Aggression to Self/Others	10	41.7%	16.7%	25.0%
Suicidal Ideation/Attempt	5	20.8%	4.2%	16.7%
Sexually Acting Out	3	12.5%	4.2%	8.3%
Running	2	8.3%	4.2%	4.2%
Homicidal Ideation/Attempt	2	8.3%	8.3%	0.0%
Self-Mutilating	1	4.2%	0.0%	4.2%
Secondary Referral Reason				
Multiple Risk Factors	3	17.6%	11.8%	5.9%
Running	3	17.6%	5.9%	11.8%
Self-Mutilating	3	17.6%	5.9%	11.8%
Substance Abuse	3	17.6%	5.9%	11.8%
Requires Locked Facility	2	11.8%	5.9%	5.9%
Sexually Acting Out	1	5.9%	0.0%	5.9%
Psychotic Symptoms	1	5.9%	0.0%	5.9%

Table 10.

Risk Factors Reported				
	Total (24) / Percent (100%)		Inpatient Out-of-State (10)	Inpatient In-State (14)
	Count/Percent		Percent of Total	Percent of Total
Aggression	18	75.0%	29.2%	45.8%
Family History of Substance Abuse	18	75.0%	29.2%	45.8%
Flight Risk	17	70.8%	29.2%	41.7%
Family History of Mental Health	16	66.7%	20.8%	45.8%
Suicide Risk	15	62.5%	25.0%	37.5%
Property Destruction	15	62.5%	29.2%	33.3%
History of Self-Mutilation	14	58.3%	20.8%	37.5%
Treatment Non-Compliance	13	54.2%	12.5%	41.7%
School Suspension	12	50.0%	25.0%	25.0%
Sexually Acting Out	8	33.3%	12.5%	20.8%
Legal Problems	5	20.8%	12.5%	8.3%
Homicide Risk	4	16.7%	16.7%	0.0%
Problems with Activities of Daily Living	2	8.3%	0.0%	8.3%
Count of Risk Factors				
1 to 4 Risk Factors Reported	2	8.3%	0.0%	8.3%
5 to 8 Risk Factors Reported	19	79.2%	37.5%	41.7%
9 to 12 Risk Factors Reported	3	12.5%	4.2%	8.3%

Table 11.

Trauma Factors Reported				
	Total (24) / Percent (100%)		Inpatient Out-of-State (10)	Inpatient In-State (14)
	Count/Percent		Percent of Total	Percent of Total
Neglect	20	83.3%	33.3%	50.0%
Physical Abuse	11	45.8%	16.7%	29.2%
Emotional Abuse	10	41.7%	12.5%	29.2%
Domestic Violence	8	33.3%	16.7%	16.7%
Multiple Placements	8	33.3%	16.7%	16.7%
Sexual Abuse	7	29.2%	12.5%	16.7%
Multiple Losses	5	20.8%	4.2%	16.7%
Death/Suicide	5	20.8%	4.2%	16.7%
Count of Trauma				
1 to 2 Traumas Reported	5	20.8%	12.5%	8.3%
3 to 4 Traumas Reported	9	37.5%	12.5%	25.0%
5 to 6 Traumas Reported	8	33.3%	16.7%	16.7%
7 to 8 Traumas Reported	2	8.3%	0.0%	8.3%

Table 12.

Psychosocial Factors Reported				
	Total (24) / Percent (100%)		Inpatient Out-of-State (10)	Inpatient In-State (14)
	Count/Percent		Percent of Total	Percent of Total
Problems with Support Groups	23	95.8%	41.7%	54.2%
Problems with Social Environments	22	91.7%	37.5%	54.2%
Educational	22	91.7%	37.5%	54.2%
Legal System	5	20.8%	16.7%	4.2%
Count of Psychosocial Factors				
1 to 2 Psychosocial Factors Reported	5	20.8%	8.3%	12.5%
3 to 4 Psychosocial Factors Reported	19	79.2%	33.3%	45.8%

Table 13

Comorbidities Reported				
	Total (24) / Percent (100%)		Inpatient Out-of-State (10)	Inpatient In-State (14)
	Count/Percent		Percent of Total	Percent of Total
Mood Disorder	16	66.7%	12.5%	54.2%
Substance Abuse	11	45.8%	20.8%	25.0%
Fetal Alcohol Spectrum Disorder	7	29.2%	12.5%	16.7%
Thought Disorder	3	12.5%	4.2%	8.3%
Complicated Medical	2	8.3%	0.0%	8.3%
Developmental Disability	1	4.2%	0.0%	4.2%
History of Brain Injury	1	4.2%	0.0%	4.2%
Additional Diagnosis NOT listed in Comorbidities				
Anxiety Disorder	4	16.7%	4.2%	12.5%
Attention Deficit Hyperactivity/Attention Deficit Disorder	4	16.7%	12.5%	4.2%
Oppositional Defiant/Conduct Disorders	3	12.5%	8.3%	4.2%
Count of Comorbidities				
No Comorbidities Reported	2	8.3%	4.2%	4.2%
1 to 2 Comorbidities Reported	17	70.8%	33.3%	37.5%
3 to 4 Comorbidities Reported	4	16.7%	0.0%	16.7%